

THE PRAISE COLLECTIVE MINISTRY

LEVEL 1: WORSHIPPER FOUNDATIONS

12 Weeks | Weekly Formation

Goal of Level 1:

To form worshippers with **right theology, right posture, and right practice** before leadership or platform.

WEEK 1

Vertical vs. Horizontal Worship

Core Truth:

Worship is first **unto God**, then **for the people**.

Key Scriptures:

- John 4:23–24
- Psalm 34:3
- Colossians 3:16

Teaching Focus:

- Vertical worship = intimacy, reverence, surrender
- Horizontal worship = testimony, unity, encouragement
- When worship becomes performance
- Balancing presence and participation

In-Room Activation:

Sing one song *purely vertical*, then re-approach it *horizontally*.

Weekly Practice:

Ask before every rehearsal/service:

“Who am I worshipping for right now — God or people?”

**WEEK 2****The Heart of the Worshipper****Core Truth:**

God is after your **heart**, not just your sound.

Key Scriptures:

- Psalm 51:10
- Proverbs 4:23
- Matthew 15:8

Teaching Focus:

- Worship as lifestyle, not event
- Guarding your heart from bitterness, pride, distraction
- Private devotion sustaining public worship

Activation:

Silent reflection before singing or playing.

Weekly Practice:

Daily heart check + prayer before engaging music.



WEEK 3

The Theology of Gospel Music

Core Truth:

Gospel music preaches whether you realize it or not.

Key Scriptures:

- Colossians 3:16
- Romans 10:17
- Psalm 40:3

Teaching Focus:

- Gospel music as doctrine and testimony
- Lyrics shape belief
- Why Gospel carries weight and authority

Activation:

Break down lyrics of a Gospel song and identify the theology.

Weekly Practice:

Read lyrics before singing them.



WEEK 4

Called vs. Gifted

Core Truth:

A gift can open doors — a calling sustains the assignment.

Key Scriptures:

- Romans 11:29

- 1 Peter 4:10
- Jeremiah 1:5

Teaching Focus:

- Gift ≠ calling
- Stewardship over spotlight
- Faithfulness before favor

Activation:

Personal reflection: *Why do I worship?*

Weekly Practice:

Serve without seeking recognition.



WEEK 5

Worship as Warfare

Core Truth:

Praise is a weapon, not just expression.

Key Scriptures:

- 2 Chronicles 20:21–22
- Acts 16:25–26
- Psalm 149:6

Teaching Focus:

- Praise before breakthrough
- Declaring truth in opposition

- Authority released through worship

Activation:

Corporate praise declaration moment.

Weekly Practice:

Use worship intentionally in prayer time.

 **WEEK 6**

Unity & Culture in the Worship Team

Core Truth:

Unity precedes power.

Key Scriptures:

- Psalm 133
- Amos 3:3
- Ephesians 4:3

Teaching Focus:

- Sound follows unity
- Handling conflict biblically
- Trust, submission, and communication

Activation:

Group covenant conversation.

Weekly Practice:

Pray for teammates by name.



WEEK 7

Excellence Without Ego

Core Truth:

Excellence honors God; humility keeps you usable.

Key Scriptures:

- Colossians 3:23
- Proverbs 11:2
- Luke 16:10

Teaching Focus:

- Preparation as worship
- Receiving correction well
- Excellence without comparison

Activation:

Feedback exercise (giving & receiving).

Weekly Practice:

Prepare early, arrive humble.



WEEK 8

Sensitivity & Discernment in Worship

Core Truth:

Worship requires listening, not just leading.

Key Scriptures:

- Romans 8:14

- John 10:27
- Ecclesiastes 3:1

Teaching Focus:

- Reading the room
- Following leadership & the Spirit
- When to push vs. pull back

Activation:

Pause-and-listen worship moment.

Weekly Practice:

Practice silence and awareness.



WEEK 9

Gospel Music Foundations

Core Truth:

You can't lead the future if you don't honor the roots.

Key Scriptures:

- Psalm 100
- Psalm 150

Teaching Focus:

- Traditional vs. Contemporary Gospel
- Call-and-response culture
- Choir vs. praise team roles

Activation:

Traditional Gospel call-and-response exercise.

Weekly Practice:

Listen to classic Gospel intentionally.

 **WEEK 10****The Role of Musicians in Worship****Core Truth:**

Musicians are ministers, not background noise.

Key Scriptures:

- 1 Chronicles 25:7
- Psalm 33:3

Teaching Focus:

- Supporting the lead
- Musical restraint
- Listening as worship

Activation:

Minimalist worship exercise.

Weekly Practice:

Practice playing/singing less, with purpose.

 **WEEK 11****Leading People Into Worship**

Core Truth:

You don't force worship — you invite it.

Key Scriptures:

- Psalm 95:6
- Hebrews 13:17

Teaching Focus:

- Language & tone
- Pastoral sensitivity
- Creating safe worship spaces

Activation:

Spoken transition practice.

Weekly Practice:

Be mindful of words and posture.

 **WEEK 12****From Rehearsal to Revival****Core Truth:**

Preparation invites freedom.

Key Scriptures:

- 1 Corinthians 14:40
- Psalm 22:3

Teaching Focus:

- Trusting God after preparation

- Sustaining spiritual momentum
- Faithfulness moving forward

 **Activation Night:**

Live worship application using all principles learned.

 **LEVEL 1 OUTCOME**

By the end of Level 1, participants will:

- Understand worship biblically
- Carry healthy posture and humility
- Serve with unity and excellence
- Be prepared for **Level 2 (by invitation)**